



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A SUMMER TO REMEMBER

**DAY CAMP
YMCA OF GREATER NASHUA:**

CAMP SARGENT
MERRIMACK Y
NASHUA Y



Friends at Camp Sargent

**9th Annual Family Carnival
Friday, July 20th
6:00-8:00pm**

All campers, their families and member families are invited to this fun event which will be held at Camp Sargent. Event details on page 6.

**SAVE
THE DATE!**



Traditional and specialty camps are about discovery. Kids have the opportunity to explore nature, find new talents, try new activities, gain independence, make lasting friendships and memories, and of course, have fun!!



CAMP SARGENT • MERRIMACK Y CAMPS • NASHUA Y CAMPS

603-881-7778 / 603-882-2011 / www.nmymca.org / www.campsargent.org

REGISTRATION

A **\$25 non refundable deposit** (per week per camper) is due at time of registration.

Two Payment Options Available:

1. Payment in full at the time of registration
2. Pay only the \$25 non-refundable deposit (per week/per camper) at the time of registration then the balance for each week will be auto drafted (via a checking or credit card) BY the Friday before each camp week.

No other payment options will be available.

Camp registration will close every Friday at 6:00pm for the following week. No exceptions will be made. This is to ensure no group has too many campers per counselor and for the safety of your child.

For more registration information please refer to the registration procedure/transfers & refunds section in the summer camp parent handbook.

NO CAMP ON WEDNESDAY, JULY 4th.
ALL camps for that week are pro-rated at registration.

CAMP HOURS

Most camps run 9:00-4:00pm with the exception of Merrimack Young Explorers (see pg. 7) and Nashua Preschool Camps (see pg. 12).

Need Pre/Post Camp?

Q: What is it?

A: It's supervised care for your child before and after camp hours, 7am-9am & 4pm-6pm.

Q: Where is it?

A: At Camp Sargent - primarily at front field, basketball court and covered pavilions. At the Nashua & Merrimack Ys it's primarily in the gym and after school areas.

Q: How much does this cost?

A: \$30 per child/week. (Includes both pre AND post care)

Q: What if my child is doing Pre/Post camp at the Nashua Y but taking the bus to Camp Sargent or Camp Merrimack, do I still have to pay \$40/week bus fee in addition to \$30/week Pre/Post fee?

A: Yes, the two fees cover two separate staff costs and a large percentage of the bus fee goes towards the cost of renting the bus (i.e.: fuel costs, driver, tolls etc.).

Q: Do you offer busing FROM Camp Sargent or Camp Merrimack TO the Nashua Y/Camp Nashua?

A: Sorry, we only offer this service from the Nashua Y.

Q: What if my child just needs one but not the other, can I pay half?

A: Sorry, due to staffing it is one fee for Pre AND Post camp.

REFER A FRIEND DISCOUNT

Any 2012 registered camper who refers a "new camper," from another family, will receive a **\$25 reduction in their fee**. These new campers must be registered for a minimum of two weeks and cannot be 2011 campers. There is no limit to the amount of referrals that a family can make (i.e. 4 new campers = \$100). *Please note that families receiving scholarship are not eligible for the discount. One, \$25 credit will be issued per new camper, not per new camper week.*

SIBLING DISCOUNT

For siblings within the same household and signing up for the same camp session/s (by session dates/weeks) at Camp Sargent, Camp Nashua OR Camp Merrimack. These discounts cannot be used in conjunction with any other discount or promotion and cannot be transferred.

1st Sibling -\$10 / 2nd Sibling -\$15 / 3rd Sibling -\$20

WHAT TO PACK

- Extra pair of socks
- Sun block
- Bug spray
- Bathing suit
- Towel
- Water bottle
- Lunch (not heatable)
- 2 healthy snacks
- Sandals or water shoes (for boating or swimming only)

SESSION DATES:

Week 1 = 6/18-6/22
Week 2 = 6/25-6/29
Week 3 = 7/3-7/6*
Week 4 = 7/9-7/13
Week 5 = 7/16-7/20
Week 6 = 7/23-7/27
Week 7 = 7/30-8/3
Week 8 = 8/6-8/10
Week 9 = 8/13-8/17
Week 10 = 8/20-8/24

***No camp on July 4th. Session is pro-rated at registration.**

Need busing to and from camp? \$40 per camper, per week (limited space)

Stop #1	Griffin Memorial School (Litchfield)	7:55am/5:00pm
Stop #2	Alvirne High School (Hudson)	8:10am/4:48pm
Stop #3	Library Street School (Hudson)	8:15am/4:40pm
Stop #4	Fairgrounds Elementary (Nashua)	8:27am/4:28pm
Stop #5	Nashua YMCA	8:35am/4:20pm
Stop #6	Merrimack YMCA	8:45am/4:10pm

Last stop is Camp Sargent and transportation leaves from Camp Sargent in the afternoon (approx. 4:00pm).

NEW

Parents, if you live or work closer to the Nashua Y, you can register your child for the bus to take them to either Camp Sargent or Camp Merrimack and it will drop them back off at the Nashua Y in the afternoon! See stop #5 listing above.

CAMP SARGENT *on Lake Naticook*



www.campsargent.org

ABOUT CAMP SARGENT

Located on Lake Naticook in Merrimack, NH just minutes from the Merrimack Y, Camp Sargent sits on 22 acres. Since 1924, over 100,000 campers and thousands of staff members have called Camp Sargent home for the summer. Now a coed day camp for children 5-16 years old, Camp Sargent offers sessions from one to ten weeks.

LICENSING AND ACCREDITATION

Camp Sargent is accredited by the American Camp Association (ACA). "ACA Accreditation is a process during which a camp undergoes a thorough review of its operation—from staff qualifications and training to emergency management—to ensure compliance with more than 300 standards. ACA is the only nationally accrediting body for all types of camps. ACA standards are recognized by courts of law and government regulators as the standards for best practices in camp."—American Camp Association.

In addition to being ACA accredited, Camp Sargent is licensed by the New Hampshire Department of Environmental Services (DES).

THE STAFF

Our Staff is CPR & First Aid certified and complete a week long orientation which covers various adolescent behavioral issues, small group activities, rainy day activities as well as goals and objectives for camper development. All staff are hired based on prior experience working with school-age children and proven ability to lead a group in a safe and fun environment. Do you have questions about how Camp Sargent can meet the needs of your child? Contact Camp Director, Randy Menken at 603-689-2433 or rmenken@nmymca.org.



TRADITIONAL DAY CAMPS:

All summer long! One week sessions -June 18th-August 24th!

Summer FUN (Grades 1-6)

From 1 to 10 week sessions campers will participate in a wide variety of FUN activities such as fishing, nature, Ga Ga, archery, orienteering, boating, swim, sports, arts & crafts and more!

Y Family Member: \$135
Y Youth Member: \$200
Community: \$270

Mighty Mini (Ages 5-K)

All activities are geared for first-timers in the 1 to 10 week sessions. We do not offer "nap time". However, certain periods throughout the day will be "lighter" activities for the little ones to re-energize themselves, especially on hotter days. Ask about our *1/2 day option and pricing*.

Y Family Member: \$160
Community: \$320

***No camp on Wed., July 4th**

CAMP SARGENT *on Lake Naticook*

SPECIALTY DAY CAMPS

Specialty camps are run by trained staff. Please note: due to the amount of time specialty camps take, your child may not be able to partake in all the daily camp programs. Field trips, guest speakers and professional demonstrations are planned (for most sessions).

CSI Camp (2 week sessions)

Grades 4-6 6/25-7/6 & 8/6-8/17
Grades 7-9 7/23-8/3

With assistance from law enforcement agencies, campers will use professional forensic techniques to solve a mock crime at the end of each session. Lifting finger prints, collecting evidence, and basic photography are a few skills covered. Interactive field trips and guest demonstrations will be a key part of this unique camp. *All subject matter will be age appropriate and done by field professionals.*

Y Family Member: \$160
Y Youth Member: \$237
Community: \$320

1 Week Cost

Performing Arts (4 week session)

Grades 1-4 7/2-7/27

A production at the end of each four-week session will showcase the camper's hard work. Throughout each session there will be field trips to see live performances, special guests, as well as learn about set and costume design and the history of theater.

Y Family Member: \$152
Y Yg Adult/Youth Member: \$225
Community: \$304

1 Week Cost

NEW

Crafts N' Stuff (1 week sessions)

Grades 3 & 4 7/30-8/3
Grades 5 & 6 7/23-7/27

You asked for it, you've got it! This ever changing camp will use many resources from the natural environment. Campers will expand their knowledge and artistic abilities!

Monday: Jewelry making
Tuesday: Native American crafts
Wednesday: Recyclable art
Thursday: Stained glass Art
Friday: Comic book creations

Y Family Member: \$160
Y Yg Adult/Youth Member: \$237
Community: \$320

*No camp on Wed., July 4th

Archery (1 week sessions)

Grades 4-6 7/16-7/20, 7/30-8/3, 8/13-8/17
Grades 7-9 8/6-8/10

One of the most popular activities at camp. Campers will learn proper techniques and safety.

Y Family Member: \$170
Y Youth Member: \$275
Community: \$340

Huck Finn Camp (1 week sessions)

Grades 1-3 7/9-7/13, 7/23-7/27, 8/6-8/10

Like a page out of Mark Twain's novel, campers will enjoy a fun glimpse into yesteryear, as they navigate around Blueberry Island on the "mighty" Naticook on their newly decorated raft. They will tell stories through journal writing and drawing pictures of what they've discovered.

Y Family Member: \$170
Y Yg Adult/Youth Member: \$247
Community: \$340

Fort Building Camp (2 week sessions)

Grades 4-6 6/25-7/6, 7/16-7/27, 8/6-8/17
Grades 7-9 7/2-7/13

Tie lashings, knots, prepare wood, proper tool use and building techniques will be covered. Using mostly the camp's natural resources, campers will work together to build the perfect fort!

Y Family Member: \$190
Y Yg Adult/Youth Member: \$268
Community: \$380

1 Week Cost

NEW

Swim Lessons on Lake Naticook

Ages 6-12 **Weeks 4-8**

Swim lessons will be offered at the conclusion of the camp day for registered Camp Sargent campers. Established Y swim levels will be taught and will include the fundamentals of proper swim mechanics and aquatic safety. Our goal for your child is that they leave each class a more confident swimmer! Limit 10 per class. Rates below are in addition to Pre/Post rates.

Ages 6-7 4:10-4:40pm / Ages 8-9 4:50-5:20pm / Ages 10-12 5:30-6:00pm

Y Family Member: \$15/wk
Y Yg Adult/Youth Member: \$25/wk
Community: \$40/wk

CAMP SARGENT *on Lake Naticook*



Testimonial

"I have nothing but kudos for Camp Sargent. This is Isabella's second summer and she comes home tired but very happy and counts the minutes until she leaves for camp the next morning. Bravo to the staff!"

-Bella's Grammy, Louise



Sample Daily Schedule:

PRE-CAMP	7:00 - 9am
Opening Ceremonies	9:05 - 9:10am
1st period	9:15 - 10:00am
2nd period	10:15 - 11:00am
3rd period	11:15 - 12:00pm
-----LUNCH-----	
4th *U-PICK	1:15 - 2:00pm
5th period	2:15 - 3:00pm
6th period	3:15 - 4:00pm
POST-CAMP	4:00 - 6:00pm

Camp Director:

Randy Menken
603-881-7778 (winter)
603-880-4845 (summer)
rmenken@nmymca.org
www.campsargent.org

*U-PICK

is designed to allow the camper to choose which activity they want to do. All activities are supervised.

Weekly Themes:

Week 2	Camp Picnic
Week 3	Celebrate the 4th
Week 4	Sargent Variety Show
Week 5	9th Annual Carnival
Week 6	Gold Rush
Week 7	Camp Picnic
Week 8	Sargent Olympics
Week 9	Color Wars
Week 10	Parent/Camper BBQ

No weapons or inappropriate clothing please. (Theme weeks are subject to change.)

10 Weeks of fun starting June 18th!

Samples Period Activities:

Free swim, boating, archery, nature, arts & crafts, soccer, drama, Ga-Ga, board games, Frisbee, basketball, volleyball, badminton, horseshoes, fishing, hiking, tetherball, flag football, camp songs, fort building, kickball, parachute games.

Please Note:

"Free" swim is held mornings and afternoons for campers who choose to swim. Due to the high volume of campers and the limited amount of space for certain activities, not all children will have the opportunity to participate in each activity on a daily basis. Tuition prices vary depending on each camp based on supplies, guest demonstrations, equipment and the cost of field trips and busing.

Severe Weather:

Campers are taken to areas with cover should there be heavy rain and or thunder or lightning. They stay under cover for ½ hour after any sign of thunder or lightning. Whether it's board games, skits, songs or anything else the group chooses, your campers are always safe!

Mark Your Calendars:

Open House - May 12, 1-3pm and June 16, 1-3pm

Senior staff as well as the director will be on hand for tours and to answer all your questions about your child's experience at Camp Sargent. If this doesn't fit your schedule just let us know and we'll happily accommodate you.

Family FUN Nights

Thurs., July 12, 6-8pm and Thurs., Aug. 9, 6-8pm

This is a wonderful chance to be a camper all over again while sharing this unique experience with your child! Do you want to come to the family night but your child takes the bus home or gets picked up after camp? Don't worry, for these two dates, post camp (4-6pm) is provided for free to parents that want to meet their child at camp for the family nights. **Join us for FREE food and fun! Pre-registration required.**

9th Annual Family Carnival - Friday, July 20, 6-8pm

For the whole family. Dinner, games, magician and a bounce house are just a few of the activities that will take place! Admission is free. Dinner, concessions and some games will cost a small fee. Proceeds benefit the Strong Kids Campaign.

MERRIMACK Y CAMPS

8 Weeks starting June 25th!



Testimonial

"My son just loves to come to the Y in the summer and be with his friends. He started out in the half day program and now wants to go for the whole day! He has so many stories to tell each day when I pick him up and chatters all the way home. He's thriving and happy and that makes me happy too!

-A camper's dad

YOUNG EXPLORERS CAMP (Ages 3 - Kindergarten)

A fun-filled, recreational camp based in the Merrimack Y Child Care Center. Each week of camp will be centered around a theme. Activities will include songs, stories, dramatic play, building, creative projects and cooking. Every Friday will have a special event to wrap-up that week's theme. Daily activities will also include sprinklers on the soccer field, wading pools in the playground and once a week fun swim time in the Y pool. Professional staff and low teacher/child ratios assure a safe and fun time for your preschooler. It's a perfect way to introduce your child to a preschool setting or to add some summer fun with peers for those who attend school-year only programs. Half Day and Full Day options are available. For more information please **contact Director Elizabeth Witmer at 689-2421/ewitmer@nmymca.org or Camp Unit Leader Sarah McDermott at smcdermott@nmymca.org.**

Full-day 8:30-4:00pm (1 week sessions)	1/2-day 8:30-12:30pm (1 week sessions)
Ages 3	Ages 3
Y Family Member: \$189	Y Family Member: \$105
Community: \$214	Community: \$130
Ages 4	Ages 4
Y Family Member: \$179	Y Family Member: \$100
Community: \$204	Community: \$125
Ages 5	Ages 5
Y Family Member: \$173	Y Family Member: \$95
Community: \$198	Community: \$120



Sample Daily Schedule:

8:30-9:00am	Greeting/Opening Activities
9:00-9:20am	Snack (<i>brought from home</i>)
9:20-10:00am	Activities on soccer field
10:00-12:00pm	Themed activities in classrooms/ playground/fun swim 1/week
12:00-12:30pm	Lunch (<i>brought from home</i>)
12:30pm	Pick-up for 1/2-day campers
12:30-1:00pm	Storytime
1:00-2:15pm	Rest time & quiet activities (<i>bring small sheet & light blanket</i>)
2:15-2:45pm	Themed activities & choice time
2:45-3:00pm	Snack (<i>provided by the Y</i>)
3:00-4:00pm	Playground & fun projects
4:00pm	Pick-up for full-day campers

Note: Each age group's schedule will vary.

Weekly Themes:

6/25-6/29	A Bugs Life
7/2-7/6	Hooray for the Red, White & Blue
7/9-7/13	Once Upon a Fairy Tale
7/16-7/20	Under the Sea
7/23-7/27	Music Mania
7/30-8/3	Under Construction
8/6-8/10	Reach for the Stars
8/13-8/17	Little Chefs

No camp on Wed., July 4th

**Pre Camp (7:00-8:30am) and
Post Camp (4:00-6:00pm) are available**

MERRIMACK Y CAMPS



Testimonial

"My daughter loves the week long dance camp sessions. She gets to stay in touch with her dance teachers over the summer and meet many new friends. She enjoys the freedom of choreographing, while keeping up with the techniques learned during the year."

-Laurie Bavaro



ARTS & HUMANITIES CAMP (Grades 1 - 6)

Let your child explore their inner artist and creative side by participating in our very popular Arts and Humanities camps! Campers will be performing and creating projects daily depending on the particular camp they are attending. Most camps will hold a small performance or exhibit at the end of the week. Campers will also take part in regular camp activities such as swimming, arts and crafts and outdoor play. For further information or questions, please **contact Director Lynne Boyer at 689-2430 or lboyer@nymymca.org or Arts and Humanities Camp Unit Leader Caitlin Hynes at 881-7778 or chynes@nymymca.org.**

Grades 1-3

Pirates & Princesses (Gr. 1-3)	7/2-7/6*
Creative Arts (Gr. 1-3)	7/9-7/13
Cooking (Gr 1-3)	7/23-7/27
Photography (Gr. 1-3)	8/6-8/10
Hip Hop (Gr. 1-3)	8/13-8/17

Grades 1-6

Ballet/Jazz (Gr. 1-6)	6/25-6/29
Acting 101 (Gr. 1-6)	7/9-7/13
Wearable Art (Gr. 1-6)	7/16-7/20
Green Sprouts (Gr. 1-6)	7/23-7/27
Broadway Stars (Gr. 1-6)	7/30-8/3
Lyrical (Gr. 1-6)	8/6-8/10
Around the World (Gr. 1-6)	8/13-8/17

Grades 4-6

Photography (Gr. 4-6)	6/25-6/29
Cooking (Gr. 4-6)	7/2-7/6*
Visual Arts (Gr. 4-6)	7/9-7/13
Hip Hop (Gr. 4-6)	7/16-7/20
Diva Camp (Gr. 4-6)	7/30-8/3
Wacky Science (Gr. 4-6)	7/30-8/3

Y Family Member: \$160
Y Youth Member: \$237
Community: \$320

Sample Daily Schedule:

9:00-9:20am	Mtg/Attendance/Activity
9:20-10:00am	Snack
10:00-11:00am	Activity Session
11:00-11:30am	Change for Swim
11:30-12:00pm	Swimming
12:00-12:30pm	Change
12:30-1:00pm	Lunch
1:00-1:30pm	Outdoor Activity/Game
1:30-3:00pm	Activity Session
3:00-3:30pm	Snack
3:30-4:00pm	Mtg/Wrap-up/Team Building
4:00pm	Dismissal/pick-up



No camp on Wed., July 4th

MERRIMACK Y CAMPS

SPORTS CAMP (Grades 1 - 6)

The different Sports Camp options will focus on both athletic development and character development to build strong kids in mind and body. Campers will develop skills as well as healthy physical habits all in an atmosphere of positive competition where every camper gets to play. For further information on each camp please **contact Director Jake Batchelder at 689-2664 or jbatchelder@nmymca.org.**



Sports Sampler

This camp will give your child a taste of every sport. Each day we will be offering a different sport for each age group. Sports played will include flag football, basketball, soccer, baseball, and Lacrosse. Girls Sampler is a girl's only camp and the sports played may vary slightly from the co-ed Sports Sampler camp.

Rookies

Grades 1-3 (1 week sessions)

Sports Sampler	6/18-6/22
Soccer	6/25-6/29
Floor Hockey	7/2-7/6*
Basketball	7/9-7/13
Tennis	7/16-7/20
Girls Sports Sampler	7/16-7/20
Flag Football	7/23-7/27
Baseball	7/30-8/3
Soccer	8/6-8/10
Basketball	8/13-8/17
Lacrosse	8/20-8/24

Y Family Member:	\$155
Y Youth Member:	\$230
Community:	\$310



Champions

Grades 4-6 (1 week sessions)

Sports Sampler	6/18-6/22
Basketball	6/25-6/29
Soccer	7/2-7/6*
Flag Football	7/9-7/13
Baseball	7/16-7/20
Basketball	7/23-7/27
Tennis	7/30-8/3
Girls Sports Sampler	7/30-8/3
Lacrosse	8/6-8/10
Soccer	8/13-8/17
Floor Hockey	8/20-8/24
Golf	8/20-8/24

Y Family Member:	\$160
Y Youth Member:	\$237
Community:	\$320

Sample Daily Schedule:

9:00-9:20am	Mtg/Attendance/Opening Activity
9:20-9:40am	Warm-up
9:40-10:00am	Small Sided Games
10:00-10:35am	Skill Development Drills/Snack
10:35-11:00pm	Small Sided Games
11:00-11:20am	Skill Development Drills
11:20-12:00pm	Lunch
12:00-1:15pm	Clean-up/Large Group Game
1:15-1:45pm	Fitness Circle
1:45-2:00pm	Skill Development Drills
2:00-2:15pm	Small Sided Games
2:15-3:30pm	Swim
3:30-4:00pm	Pick-up/Free Play



No camp on Wed., July 4th

MERRIMACK Y CAMPS

RECREATION CAMP (Grades 1 - 6)

Daily activities are designed with an emphasis on safety and fun in an atmosphere promoting cooperation, teamwork and good sportsmanship. Camp will include, free swim, arts and crafts, team building, sports and more. Each week will have its own unique theme, so be ready for anything! For more information please **contact Director Randy Menken at 689-2433 or rmenken@nymymca.org**.



Grades 1-6 (1 week sessions 6/18-8/24)

Y Family Member: \$135
Y Youth Member: \$200
Community: \$270

Sample Daily Schedule:

9:00-9:20am	Opening Activity
9:20-9:55am	New Games
10:00-10:40am	Nature
10:45-11:45am	Free Swim
12:00-12:45pm	Lunch
12:50-1:40pm	Sports
1:45-2:55pm	Arts and Crafts
3:00-3:30pm	Team Building
3:30-4:00pm	Clean-up/Pick-up

Weekly Themes:

Week 2	Camp Picnic
Week 3	Celebrate the 4th*
Week 4	Rec Camp Idol
Week 5	Camp Picnic
Week 6	Pajama Day
Week 7	Camp Olympics
Week 8	Color Wars
Week 9	Wild Wild West
Week 10	Parent/Camper Ice Cream Social

No weapons or inappropriate clothing please.

Theme weeks are subject to change.



NASHUA Y CAMPS



Testimonial

"My daughter had so much fun in the Creative Writing camp! She loves to write stories and the lessons and encouragement have given her more self-confidence."

-A 2010 camper's mom



ARTS & HUMANITIES CAMP (Ages 11 - 16)

Dance Intensive 7/30 - 8/3

Back by popular demand! This camp is meant for the serious dancer. Dancers will learn technique in Tap, Ballet, Jazz, Hip Hop, and Lyrical. At the end of the week long session, the dancers will showcase their own works, and dances they have learned. Participants will also learn about nutrition, the history of dance, and production. Must have 2 years of dance experience and proper dance shoes.

Sew Spectacular 8/6 - 8/10

Have you ever wanted to make your own clothes? In this camp you will do just that! You will create a head to toe look from one of our chosen patterns. Campers will also learn sewing machine safety, parts of the machine, how to read and cut a pattern and more. Finish the week off by showing off your look in our fashion show. Campers are encouraged to bring their own machine, but it's not required.

Go Green 8/13 - 8/17 **NEW**

In this camp you will learn all about going green through different activities. We will cook using organic ingredients, plant flowers, do art projects using recycled materials, and much more. Help us save the planet!

Creative Writing 8/20 - 8/24

Do you love to write? Campers will write freely or write based on the mini lesson provided at the beginning of each session. Mini lessons will include poetry, short story writing, persuasive writing, etc. Participants will have the opportunity to express themselves and obtain feedback and encouragement on their writing pieces.

Ages 11-16 (1 week sessions)

Y Family Member: \$160
Y Youth Member: \$237
Community: \$320

Sample Daily Schedule:

9:00-9:30am	Opening Activity
9:30-11:30am	Specialty Activity
11:30-12:30pm	Free Swim
12:30-1:15pm	Lunch
1:30-3:30pm	Specialty Activity
3:30-4:00pm	Clean-up/Pick-up



Camp Director:
Tiffany Joslin at 689-2662 or
tjoslin@nymca.org



NASHUA Y CAMPS

PRESCHOOL CAMPS (Ages 3-5)

Monday - Friday, 9:00am-1:00pm

Silly Science Camp

6/18-6/22, 7/9-7/13 or 7/30-8/3

Let your child's imagination soar in this hands-on and exciting camp for preschoolers. Color changing volcanoes, bottle rocket launchers, dinosaur bone expeditions and much more!

Y Kids Discovery Camp

7/2-7/6*, 7/23-7/27 or 8/13-8/17

This camp has it all! Sports, music and movement, arts and crafts, dramatic play and ABC's are included!

Little Chefs Camp

6/25-6/29, 7/16-7/20 or 8/6-8/10

Your preschooler will love this cooking class! They will learn about the four food groups and how to make healthy choices, as well as cook something nutritious and tasty everyday!

Ages 3-5 (1 week sessions)

Y Family Member: \$105
Community: \$125



All children must be toilet trained.

No camp on Wed., July 4th

Camp Director:
Sara Sutherland at 689-2663 or
ssutherland@nmyymca.org

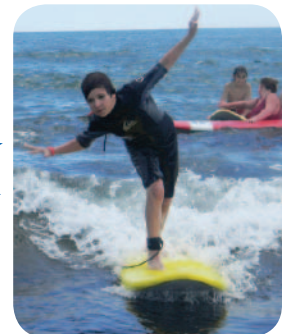
TEEN CAMP (Grades 7-9)

The Quest!

A journey, a mission, an expedition...The Quest is more than just the hiking, mountain biking, kayaking, orienteering and other activities that you'll do all week. No, those are just challenges along the way. The Quest is about who you'll be at the end of the journey. That will be the ultimate reward. Based at the new Nashua Y and utilizing area attractions such as Mine Falls Park and the Rail Trail, The Quest helps teens explore the outdoors, problem solve, fulfill their potential and develop life-long friendships. Daily challenges and clues, along with the Y's Leadership Development Curriculum, lead those on The Quest to their final challenge...the weekly field trip to an adventure such as canoeing. Those who complete the challenges will fulfill The Quest...and discover their true selves!

Grades 7-9 (1 week sessions 6/18-8/24)

Y Family Member: \$165
Y Yth/Yg Adult Member: \$192
Community: \$230



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